

Lunch \$2.75
Reduced Lunch \$0.40

Hurlbutt Elementary School February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Hot Dog on a Bun </p> <p>Oven Baked French Fries Steamed Mixed Veggies</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>2 Mini Chicken & Cheese Fajita Pizzas</p> <p>Steamed Corn and Bell Peppers </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>3 Barilla Plus Spaghetti and Meatballs</p> <p>Cheesy Garlic Bread </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>4 Toasted Cheese Quesadillas </p> <p>Buttered Peas and Carrots</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>5 Homemade Fresh Baked Pizza </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p> <p>Mini Smoothie! Made with organic yogurt and fruit (included with the meal)</p>
<p>Weekly Alternate: (B) Turkey Sandwich , (F) Honey Nut Cherrio © Bowl with Yogurt, (C) Peanut Butter and Jelly Sandwich </p>				
<p>8 Cheeseburger on a Bun </p> <p>Oven Baked French Fries</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>9 Creamy Barilla Plus Mac-n-Cheese </p> <p>Buttered Peas and Carrots</p> <p>Dinner Roll </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>10 Pizza Dunkers </p> <p><i>Marinara Dipping Sauce</i></p> <p>Fresh Orange Smiles</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>11 French Toast Sticks </p> <p>House-Made Fruit Topping</p> <p>Turkey Sausage</p> <p>Oven Baked Potato Wedges</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>12 Homemade Fresh Baked Pizza </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p> <p>Mini Smoothie! Made with organic yogurt and fruit (included with the meal)</p>
<p>Weekly Alternate: (E) Ham and Cheese Sandwich , (D) Salad Shaker with Crackers , (C) Peanut Butter and Jelly Sandwich </p>				
<p>15</p> <p>Recess</p> <p>No School</p>	<p>16</p> <p>Recess</p> <p>No School</p>	<p>17</p> <p>Recess</p> <p>No School</p>	<p>18</p> <p>Recess</p> <p>No School</p>	<p>19</p> <p>Recess</p> <p>No School</p>
<p>22 French Toast Sticks </p> <p>House-Made Fruit Topping</p> <p>Turkey Sausage</p> <p>Oven Baked Potato Wedges</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>23 Hot Dog on a Bun </p> <p>Oven Baked French Fries</p> <p>Steamed Mixed Veggies</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>24 Three Cheese Melt </p> <p>Chickpea Salad</p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p> <p style="background-color: yellow; text-align: center;">BE A FLEXITARIAN TODAY!</p>	<p>25 Barilla Plus Spaghetti and Meatballs</p> <p>Cheesy Garlic Bread </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p>	<p>26 Homemade Fresh Baked Pizza </p> <p><i>Fresh Fruit & Veggie Selection Low-Fat Milk</i></p> <p>Mini Smoothie! Made with organic yogurt and fruit (included with the meal)</p>
<p>Weekly Alternate: (B) Turkey Sandwich , (A) Yogurt Parfait , (C) Peanut Butter and Jelly Sandwich </p>				



Contains whole grains Meat Free Option Balanced Choice

Meals include entrée, choice of 1% white, skim milk, (antibiotic and hormone-free), and unlimited* fresh, regionally** grown fruits and vegetables or 100% fruit juice.

*(Excludes potatoes) **Regionally grown when available.

If you have any questions, please call the
Director of Dining Services: Andre Santelli at (203-291-1438) or
Resident Dietitian: Jill Patterson, RD at (203-270-6117)

www.eatlearnlive.com





Hurlbutt Elementary School
2009-2010

Weekly Alternate Descriptions:

- (A)*  Stonyfield Organic Yogurt Parfait with House Made Cinnamon Toasty Oat Granola , String Cheese, Fresh Fruit Choice, Fresh Vegetable Choice, Milk
- (B) Turkey Sandwich: Premium Boar's Head Turkey and Natural Cheese, Romaine Lettuce & Tomato on Whole Grain Bread , Fresh Fruit Choice, Fresh Vegetable Choice, Milk
- (C)  Peanut Butter & Jelly Sandwich made with Natural Peanut Butter and Fruit Spread on whole grain bread , Fresh Fruit Choice, Fresh Vegetable Choice, Milk
- (D)* Salad Shaker with Whole Grain Crackers: Chopped Romaine, Shredded Carrots, Diced Tomato, Assorted Sliced Fresh Vegetables, Ham and Shredded Natural Cheddar Cheese. Ranch Dressing. Served with Whole Grain Crackers  and Milk
- (E) Ham & Cheese Sandwich: Premium Boar's Head Ham and Natural Cheese, on Whole Grain Bread , Romaine Lettuce & Tomato, Fresh Fruit Choice, Fresh Vegetable Choice, Milk
- (F)*  Honey Nut Cheerio Bowl , Stonyfield Organic Yogurt, String Cheese, Fresh Fruit & Vegetable Choice, Milk
- (G) Tuna Sandwich: Tuna Fish on Whole Grain  (Dolphin Safe Light Tuna Fish packed in Water), Fresh Fruit Choice, Fresh Vegetable Choice, Milk

*denotes a fun lunch option, served in a Chartwells colorful lunch bag!
Snacks are served every Tuesday and Thursday, please see the a la carte tab for choices of snack foods

* An assortment of fresh fruits and vegetables are available daily. To encourage the consumption of fruits and vegetables, students can take unlimited fruits and vegetables (excluding potatoes) with the purchase of any school lunch meal.

 contains whole grains  meat free option

Meals include entrée, choice of 1% white, skim milk, or ½% chocolate milk (antibiotic and hormone-free), and unlimited* fresh, regionally** grown fruits and vegetables or 100% fruit juice.

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